



# Enroll in a health plan designed to be different.

## For starters, it's based on your relationship with your doctor.

UnitedHealthcare and Centura Health have partnered to bring you Colorado Doctors Plan—where you and each covered family member will select a primary care physician (PCP) in the Centura Health network to guide your care, help you avoid cost surprises and support you in achieving your best health.

This plan unites care and coverage for a better experience, where your doctor and insurance company work closely together to bring you lower costs, 24/7 access to care and an overall experience that's more convenient and personalized. Note: This plan is available to residents living in the Colorado counties of Adams, Arapahoe, Boulder, Broomfield, Denver, Douglas, El Paso and Jefferson.

## Benefits that are part of the plan.

UnitedHealthcare's digital tools and online resources help make managing your health—and health plan—easier and more convenient. Here are just a few examples of what's included.



### Access your plan easily.

**myuhc.com**<sup>®</sup> is your personalized health hub. Find a doctor, manage your claims, estimate costs and more.



### Get your info on the go.

Our **Health4Me**<sup>®</sup> app helps you find care, review and pay claims and even gives you a digital health plan ID card—all from the palm of your hand.



### Have fun and get healthier.

With **Rally**<sup>®</sup>, you get personalized support to help you achieve your health goals—and you can earn rewards along the way.



### Lose weight, feel great.

Our **Real Appeal**<sup>®</sup> program can help you lose weight through personal coaching, 24/7 online support, a mobile app and more.

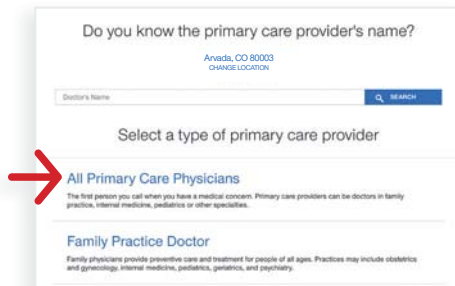
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# Follow these steps to choose your PCP.

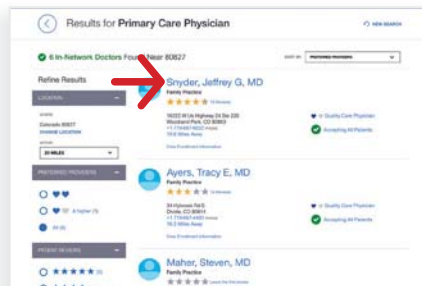
Your health plan options require you to select a PCP for you and each family member covered under your plan. Your PCP is your health guide—coordinating your care, helping you avoid cost surprises and supporting you in achieving your best health.

To get started, go to [welcometouhc.com/colorado-doctors-plan](http://welcometouhc.com/colorado-doctors-plan), click on **Benefits** in the top navigation and select **Find a Doctor or Facility**. Once you're there, click on **Colorado Doctors Plan** and follow the steps below:

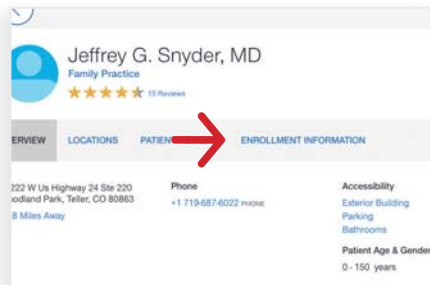
**1** Click **All Primary Care Physicians** for a list of network PCPs.



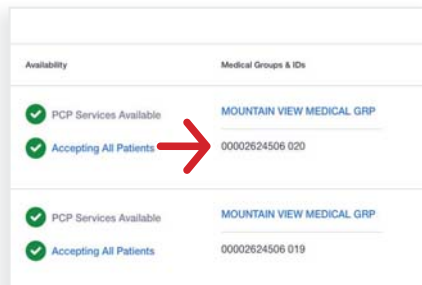
**2** Click on the **name of the network PCP** you'd like to select.



**3** Click **Enrollment Information**.



**4** Write down the 14-digit Physician ID number—you'll need it to enroll.



Want to learn more about the plan?  
[welcometouhc.com/colorado-doctors-plan](http://welcometouhc.com/colorado-doctors-plan)

Prefer to talk to a person? We're here to help.  
**800-349-0574**  
(TTY 711) 8 a.m. – 8 p.m. MT, Monday – Friday



Rally Health provides health and well-being information and support as part of your health plan. It does not provide medical advice or other health services, and is not a substitute for your doctor's care. If you have specific health care needs, consult an appropriate health care professional. Participation in the health survey is voluntary. Your responses will be kept confidential in accordance with the law and will only be used to provide health and wellness recommendations or conduct other plan activities.

Real Appeal is a voluntary weight loss program that is offered to eligible participants as part of their benefit plan. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical and/or nutritional advice. Participants should consult an appropriate health care professional to determine what may be right for them. Any items/tools that are provided may be taxable and participants should consult an appropriate tax professional to determine any tax obligations they may have from receiving items/tools under the program.

Images with PCP names and Physician ID numbers are for illustration only. Physician ID number will be different for each provider.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates.

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